

# PARK/FIELD RESTRICTIONS

By order of the City of Stamford  
**Until further notice:**

## **Residents CANNOT:**

- Participate in ANY group activities with **more than 10 people**, including, but not limited to:
  - No football
  - No soccer
  - No baseball
  - No basketball
  - No lacrosse
- Any other activity that involves direct contact between 10 or more people

## **Residents CAN:**

- Participate in activities with **fewer than 10 people**, including, but not limited to:
  - Walking/Running
  - Dogwalking
  - Fishing
  - Tennis
  - Throwing/catching a ball
- Any other activity that does not involve direct contact between 10 or more people

The United States and the State of Connecticut have declared **a state of emergency** in response to the spread of an infectious disease named “**COVID-19**”, commonly referred to as “**the coronavirus.**” The World Health Organization considers the spread of COVID-19 **a global pandemic.** The City of Stamford has prohibited group activities at City parks, fields, and beaches to reduce the risk of infection among Stamford residents.