

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

Commissioners Present: Dr. Barbara Decker, Ms. Patricia Parry, Dr. Edward Schuster, and Dr. Margaret Cobb

Guests Attended: Ms. Pam Scott, Recording Secretary, Ms. Anne Fountain, Director of Health and Social Services, and Mr. Ted Jankowski, Director of Public Safety, Health & Welfare

Meeting called to order		Dr. Decker called the meeting to order at 9:21 a.m.
-------------------------	--	---

Additional Agenda Items:	<p>Dr. Decker, Ms. Parry and Dr. Schuster requested the following items to be added to the agenda:</p> <ul style="list-style-type: none"> <li>• Walkability and Urban Transit Way</li> <li>• 2020 Health Objectives</li> <li>• Registration for Health Insurance</li> <li>• Follow-up of the letter to Dir. Jankowski re: shoveling sidewalk</li> <li>• Health Commission meeting time – potential change in the meeting time.</li> <li>• Community Health Needs (Tinetti’s Article)</li> <li>• Dr. Yoon regarding the SNAP Program</li> <li>• Measles</li> <li>• Sudden Cardiac Arrest - Hypertension</li> <li>• Budget for FY 2014-2015</li> <li>• Population Health</li> <li>• Hepatitis C</li> </ul>	Ms. Parry moved to add the items to the agenda; Dr. Decker seconded. Approved unanimously.
--------------------------	--	--

Minutes:

Minutes of February 20, 2014	Minutes from the February 20, 2014 meeting were reviewed.	Ms. Parry moved to approve February 20, 2014 minutes with corrections. Dr. Decker seconded. Approved unanimously.
------------------------------	---	---

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

Dir. of Public Safety, Health and Welfare

<p>Ted Jankowski</p> <p style="text-align: center;">Sidewalk safety - snow</p>	<p>Dr. Decker stated she did not send a letter to Director Jankowski requesting his attendance at this meeting. She spoke with him and there was no need to send him a letter.</p> <p>Director Jankowski stated he receives complaints about people not shoveling their sidewalks which can become a hazard. Frank Fedeli has the authority to issue citations. SPD goes out to stop contractors who push snow into the streets or onto the sidewalk when they are plowing. A reminder by press release to residents that they are responsible for shoveling their sidewalks.</p> <p>The City also gets complaints from residents near the schools, because a lot of kids walk to school.</p>	
<p style="text-align: center;">Walkability</p>	<p>Ms. Parry asked who is responsible for shoveling the city owned property and bus stops. She specifically noted an area on Palmers Hill Rd where adults with young children walk to the child care center and the sidewalk is impassable.</p> <p>There was additional discussion about CT Transit bus company pick-up and drop-off sites during the winter.</p> <p>Director Jankowski reported the City is working to reduce traffic accidents in areas such as: High Ridge-Bullhead, East Main Street (traffic lights), jay walking and the Urban Transit Way.</p> <p>Dr. Decker questioned the intersection at the corner of UCONN/Trump Parc.</p> <p>Director Jankowski responded the City's goal is to</p>	<p>Ms. Parry motioned that the HC send a letter to CT Transit Bus Company, addressing the concerns of bus stops that are not clear for their riders. Dr. Schuster seconded. Approved unanimously.</p> <p>Director Jankowski will continue to have an open line of communication with the HC regarding their walkability concerns.</p>

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

Public Safety	<p>reduce traffic accidents and pedestrian crashes. A number of departments are meeting to see if we can bring some measures out to make it safer.</p> <p>Director Jankowski said the DUI campaign was successful; they reduce the amount of DUI arrests for the month of December compared to the past.</p>	
---------------	--	--

Director of Health Report

<p><i>Anne Fountain, MPH</i></p>	<p>Ms. Fountain distributed copies of the Health Department's FY14-15 budget; and she updated the HC on the following events</p> <ul style="list-style-type: none"> <li>• Shamrock Stroll, Sunday, March 16<sup>th</sup></li> <li>• Ms. Fountain will be issuing a Press Release on Well Water testing and the findings of Uranium, March 14<sup>th</sup></li> </ul> <p>Ms. Fountain informed the HC of the Mayor's request to test wells before and after treatment, and she distributed FACT sheets.</p> <ul style="list-style-type: none"> <li>• She informed the HC that the HD is scheduled to present our budget to the BOF, March 18<sup>th</sup>; followed by a discussion of the department's request for two positions as well as funding to support a new food training program.</li> </ul> <p>Ms. Parry asked, if funding for SNAP is included in the budget. Ms. Fountain responded she will go for additional appropriation.</p> <ul style="list-style-type: none"> <li>• Health Insurance – we are continuing to enroll people for Access Healthcare CT</li> </ul> <p>Dr. Decker said she saw an article that says CT reached 123% of its sign-up goal for health insurance.</p>	
----------------------------------	---	--

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

	<p>Discussion followed regarding the outcome of treatment for patients.</p> <ul style="list-style-type: none"> <li>• Flu update – the State has reported 4000 cases and the City reported 250 positive tests in February.</li> <li>• A Mental Health Summit with the BOE in collaboration with different mental health providers of adolescents and school age children will be held on March 17<sup>th</sup>, 12:30 – 2:30 at UCONN Gen Re Auditorium.</li> </ul>	
--	--	--

Old Business

<p>Community Health Needs and Population Health</p>	<p>Dr. Decker mentioned a follow up from the HC February meeting regarding the HD querying physicians about their practices.</p> <p>Ms. Parry explained this was a discussion from the researcher (Mary Tinetti) from Yale who studied falls in the elderly.</p> <p>Ms. Parry stated the principle question in this article was: Can the HC/HD do something if there is a particular need from the Community Health Needs that they would like to address? Are there some questions that can be given to the physicians to ask when they see their patients?</p> <p>The question for Ms. Fountain based on the Community Health Needs survey that was done and the conclusion they came to; is there anything that the HD identifies with?</p> <p>Ms. Fountain stated, the hospital is leading the charge and there is collaboration with community partners.</p>	
---	---	--

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

New Business

<p>Hypertension</p>	<p>Ms. Parry distributed an article that Dr. Schuster shared with her that was published in the Hartford Courant – <i>Hypertension Disparities Widen For Black Women In State</i>.</p> <p>Dr. Schuster talked about hypertension being one of the top killers, noting African American women are the most poorly treated and have the highest complication rate and this is something that could be worked in the community to get people excited. The thought is to do something to raise awareness next year.</p> <p>Ms. Parry shared a newspaper article about a bill that has been introduced in Hartford and is being pushed by a father whose son died on a treadmill while he was training for his team sport. The father wants something done to prevent sudden cardiac death in kids that are athletes. Ms. Parry stated that Dr. Schuster spoke about this a couple of years ago at the hospital. The issue is they want EKGs done on the kids and parents educated and AEDs for every sports team.</p> <p>Dr. Schuster commented that the City of Stamford was one of the first Cities in the State to have AEDs in every school, and now in every police car.</p>	<p>The HC will send a letter to the editor in response to the recent article regarding the potential bill in Hartford; stating what Stamford has already done.</p>
<p>Measles</p>	<p>Ms. Parry stated there were two cases reported in Fairfield County.</p> <p>Ms. Fountain stated that the State takes the lead in these cases.</p>	
<p>Hepatitis</p>	<p>Dr. Schuster commented that Hepatitis C is one of our deadly problems in the next 10 years.</p>	<p>Dr. Decker will invite Dr. Sheinbaum to the next HC meeting.</p>

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence

**Health Commission  
City of Stamford  
DRAFT MINUTES  
March 13, 2014**

Health Commission meeting schedule	There was a discussion regarding a new meeting time and day.	Dr. Decker motioned to schedule the April 10 <sup>th</sup> HC meeting at 3:30 p.m. Ms. Parry seconded. Approved unanimously.
------------------------------------	--	--

**Adjournment:**

There being no further business before the regular session of the HC, Ms. Parry moved to adjourn the meeting at 10:58 a.m. Dr. Decker seconded. The motion passed unanimously.

Submitted by,  
*Pam Scott*  
Pam Scott/np  
Recording Secretary

DRAFT

HD = Health Department  
HC = Health Commission

SPD = Stamford Police Department  
BOF = Board of Finance

DUI = Driving Under the Influence